






# October 2017

## BMS Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p><b>1</b> <i>Milk is served everyday</i></p> <p><i>Breads &amp; grains are Whole Wheat or Whole Grain</i></p> <p><i>Sandwich choices are available.</i></p>	<p><b>2</b> "Brunch for Lunch", waffle stixs, French toast sticks, syrup, cheese stick, hash brown, applesauce, carrot sticks</p>	<p><b>3</b> Cheese or pepperoni pizza, roasted carrots, peas, sliced peaches, apple</p>	<p><b>4</b> Choice of burger, baked beans, glazed carrots, mixed fruit</p>	<p><b>5</b> Chicken fajitas, cheese, refried beans, seasoned brown rice, Mexican corn, pineapple tidbits, mandarin oranges</p>	<p><b>6 No School</b> Teacher Workshop</p> 	<p><b>7</b></p>	
<p><b>8</b></p>	<p><b>9 No School</b></p> 	<p><b>10</b> Cheese or pepperoni pizza, California vegetable blend, sliced peaches</p>	<p><b>11</b> Pasta Bar, fresh baked roll, parmesan broccoli, fruit mix, apple</p>	<p><b>12</b> Teriyaki chicken dippers, seasoned brown rice, vegetable egg roll, seasoned Normandy vegetable, pineapple tidbits</p>	<p><b>13</b> Sloppy Joe on a roll, salad bar, applesauce</p>	<p><b>14</b></p>	
<p><b>15</b></p>	<p><b>16</b> Choice of chicken patty on a roll, baked beans, roasted carrots, banana</p>	<p><b>17</b> Cheese or pepperoni pizza, California vegetable blend, sliced pears, strawberries</p>	<p><b>18</b> Soft shell taco, seasoned brown rice, sweet corn, fruit mix, pineapple tidbits</p>	<p><b>19</b> Chicken &amp; gravy, creamy mashed potato, fresh baked roll, broccoli, sliced peaches, grapes, vanilla pudding</p>	<p><b>20</b> Grilled cheese, tomato soup, cole slaw, celery sticks, applesauce, mandarin oranges</p>	<p><b>21</b></p> 	
<p><b>22</b></p>	<p><b>23</b> Choice of burger, hot dog on a bun, baked beans, glazed carrots, mixed fruit, applesauce</p>	<p><b>24</b> Cheese or pepperoni pizza, California vegetable blend, banana</p>	<p><b>25</b> Pulled pork on ww bun, baked beans, seasoned Normandy vegetables, mandarin oranges, pineapple tidbits</p>	<p><b>26</b> Creamy mac &amp; cheese, broccoli, fruit mix, grapes</p>	<p><b>27</b> Classic Shepherd's pie, baked garlic breadstick, peas, sliced peaches</p>	<p><b>28</b></p>	
<p><b>29</b> <i>In accordance with Federal Law this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.</i></p>	<p><b>30</b> Baked chicken nuggets, seasoned brown rice, green beans, Italian vegetable blend, banana</p>	<p><b>31 Halloween</b> Cheese or pepperoni pizza, roasted carrots, peas, sliced peaches</p> 				<p><i>This institution is an equal opportunity provider</i></p> <p><i>Menu is subject to change without notice.</i></p>	<p><b>31</b></p>